

Instructions for using the Caduceus Coil

Thank you for purchasing a caduceus coil.

Research by leading scientists demonstrates that our DNA uses scalar waves as it's a preferred way to receive and transmit energy and information.

Caduceus coils are an effective and inexpensive way to generate scalar waves. When sound healing tones are played through the caduceus coil, the scalar wave frequencies are much more easily absorbed by DNA. Significantly, research also indicates the use of scalar waves bypasses subconscious blocks to healing, providing a much greater acceptance and receptivity by our DNA to these frequencies. The combination of a Stargate Pyramid, caduceus coil, and Solfeggio sound healing opens up an entirely new dimension of personal healing and well-being.

YOU WILL NOT 'HEAR' ANYTHING WHEN YOU USE YOUR CADUCEUS COIL! If you would like to hear what you are streaming into your coil, you will need to add a speaker to your setup. Your caduceus coil is best used in conjunction with a Stargate Pyramid, although the coil may also be used as a stand-alone instrument. Use of the coil is also greatly enhanced by the addition of an electronic amplifier.

CONTENTS:

With your order you will receive the following: 1 x caduceus coil

1 x connector cable consisting of a 3.5 mm male stereo adapter plug on one end and an alligator clamp on the other. This wire will be used to connect the coil directly to the laptop/cell phone/iPad

1 x 1½ meter length of speaker wire cable consisting of two bare wires on one end and an alligator clamp on the other. This wire will be used to connect the coil when using an amplifier.

1 x Crocodile clip

If you purchase the Full Caduceus Coil Kit you will receive the items above, plus an amplifier and RCA cable.



REQUIRED ADAPTERS FOR NEWER MOBILE PHONES/iPads - In the last few years, many electronic communications devices have begun to be manufactured without a 3.5 mm receptacle. As a result, you may need an adapter. In you have one of these newer devices and do not already have an adapter you will need to purchase one of the following:

Newer iPhone and iPad users will need a Lightning to 3.5 mm adapter. Here are two options available from Amazon. The first allows for simultaneous charging and listening, while the second one allows for listening only. Please check to make sure your device is compatible with these adapters.

2 in 1 Lightning to 3.5mm Headphone Adapter with iPhone Charger Cable 1M, [Apple Mfi Certified] 3.5mm Jack AUX Audio Dongle Lightning Cable Support Music Charge Compatible with iPhone 13/12/11/X/8/7



Apple MFi Certified Lightning to 3.5 mm Headphone Jack Adapter,iPhone to 3.5mm Audio Aux Jack Adapter Dongle Cable Converter Compatible with iPhone 13 12 11 Pro XR XS Max X 8 7 iPad



Newer Android users may need a Type-C adapter. Here are two options available from Amazon. The first allows for listening, while the second one allows for charging and listening. Please check to make sure your device is compatible with these adapters.

LAMSCAT USB C to 3.5mm Audio Adapter, USB Type C to Aux Headphone Jack Dongle Cable Compatible with Pixel 4 3 2 XL,Samsung Galaxy S21 S20 Ultra S20+ Note 20 10 S10 S9 Plus,iPad Pro and More (Blue)





USB C to 3.5mm Jack and Charger Adapter, Stouchi USB Type C to Headphone Audio Adapter, USB C Aux, Hi-Res DAC, 30W

PLAYING SOUND FREQUENCIES THROUGH YOUR COIL:

Sound Frequencies can be obtained through an mp3 file, from YouTube videos, and from various apps available on your cell phone.

AN EXCELLENT SOURCE OF SOLFEGGIO FREQUENCIES ON YOUTUBE IS 'MEDITATIVE MIND'.

Sound Healing Websites:

GW Hardin - You can find a tremendous amount of information on Solfeggio frequencies at his two websites: **gwhardin.com** and **soundsofwonder.com**. These websites contain comprehensive information on Solfeggio Frequencies, their derivation, and their mathematics.

An excellent place to start is with the Solfeggio Matrix found on the soundsofwonder.com website. On the home page, click on Solfeggio, and then Solfeggio Matrix. Hardin's Solfeggio matrix is also attached at the end of these instructions.

Jonathan Goldman - The **healingsounds.com** website contains information on Jonathan's sound healing research and free healing sound mp3 downloads.

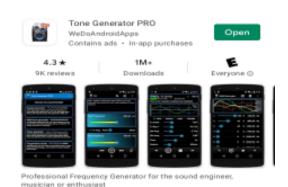
Tone Generators:

Frequency Sound Generator- On Android phones this app is called 'Frequency Sound Generator' and on iPhones and iPads it is called 'Sound Generator'. This tone generator allows for the playing of up to three tones simultaneously. Research indicates playing two or more Solfeggio Frequencies at the same time produces the harmonics (overtones and heterodynes) of the related Solfeggio Frequencies, which tends to provide a more beneficial and powerful result. It has both coarse and fine tuning adjustments that allow you to tune in new frequencies more rapidly, or to set new ones while another is playing. Finally, you can save your frequently used series of tones for easy retrieval and reuse.



Tone Generator PRO — This app is truly amazing, but is only available on Android phones. This app allows you to play up to 16 tones simultaneously.

You can pre-set an unlimited number of frequency sets into the app. The one drawback is that without upgrading to the PRO version you are limited to 90 second sessions, but the additional £10 is well worth it.



Using Your Caduceus Coil Directly Connected to Your Phone, Laptop or iPad

The photo to the right depicts the appropriate setup for connecting the caduceus coil to an iPad, laptop or mobile phone.

Simply insert the 3.5 mm male stereo plug into the female receptacle on your device (or adapter), and connect the crocodile clip to the end of the coil.

The 3.5 mm male stereo plug wire can be prepared by stripping about 1cm of plastic from one end, leaving 1cm of bare wire exposed. Then slot the bare wire into the crocodile clip, clamp it with some pliers and tape the joint tightly to secure the connection.



If you are interested in hooking up an external speaker along with your caduceus coil, and don't want to use an amplifier, this can be accomplished by using a 3.5 mm splitter. An inexpensive splitter can be purchased from Amazon (see example below).

USB C to 3.5mm Headphone Jack Splitter, KOOPAO Type C to Dual 3.5mm Audio Stereo Splitter Cable Headset Splitter Cord for i-Pad Pro, Oneplus 7 Pro/6T,Google Pixel 3XL (Black)

First attach the male end into your phone or 3.5 mm adapter. Then attach your coil with the 3.5 mm wire with Crocodile clip (supplied with you coil).



To hook up one or more speakers, we recommend using a speaker that accepts a 3.5 mm input cable (example shown below). Unless using this with a laptop with a USB port, this configuration will likely require purchasing an additional 3.5mm extension cable to hook up to the speaker/s An example cable is shown below.

White Slim 3.5mm Stereo Audio Cable - 3.5mm Audio Aux Stereo - Male to Male Headphone Cable - 2x 3.5mm Mini Jack (M) White



Using Your Caduceus Coil with an Amplifier:

Frequencies played through an amplifier provide a significant increase in the associated energy field, particularly when the amplified coil is placed inside the pyramid. There are a number of relatively inexpensive amplifiers available on Amazon to enhance the power of the coil. An inexpensive version I use is the amplifier shown below. You can also use other amplifiers available from Amazon, or other amplifiers such as stereo amplifiers you may have around the house.

LEPY LP-2020A Amplifier (find on Amazon)

We suggest initially limiting exposure to around 30 minutes per session when using frequencies generated using an amplified coil inside the pyramid. Gradually increase your time exposure. Intuitive testing and dowsing indicate that when healing tones are played



through an amplified coil placed inside a Stargate Pyramid, the energy field can be quite extensive and *greatly enhances the energy field of anything in its area of influence*. The effects have been measured 10 -12 miles away.

You may also wish to consider leaving your frequencies playing even when not inside the pyramid. I often leave the frequencies on continuously as it seems to improve the overall energy of the entire home. When I enter the room with the frequencies playing, I can immediately sense an improved energy field.

You will also need an RCA cable. This cable will run from your laptop or mobile phone into the back of the amplifier. Shown below is a reasonably priced RCA cable from Amazon.

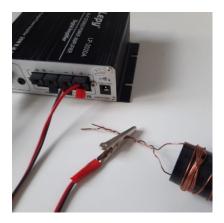
Rankie 3.5 mm to 2-Male RCA Adapter Cable, 1.8 m / 6 Feet

When using an amplifier, use the included speaker wire with crocodile clip, and an RCA cable to connect your device to the back of the amp as shown below.





This picture shows the correct RCA cable connection between the amplifier and the phone.



This picture shows the correct speaker wire connection between the amplifier and the Caduceus Coil.

*The speaker wire was prepared by stripping about 1cm of plastic from both the ends, leaving 1cm of bare wire exposed at each end. The bare wires on one end are then inserted into the black and red ports on the back of the amplifier (black wire to black port, red wire to red port). The other end of the speaker wire is inserted into a small crocodile clip and then clamped and taped together. To complete the connection, clamp the crocodile clip to the twisted wire coming out of the Caduceus Coil.



This picture shows the wires connecting correctly into the back of the amplifier.

- RCA cable
- Speaker wires

Where to place the Caduceus Coil:

There are numerous ways to use the Caduceus coil, and there are really not any 'wrong' ways. We have found that the most energetic ways are holding/placing the coil in your lap (holding vertically seems to be more energetic), and suspending the coil from the top of the pyramid (even

more energetic). The photos show how to suspend it vertically from the top of the pyramid using a zip-tie, and how to place it horizontally atop the Apex Amplifier. See examples below.





G W Hardin's SOLFEGGIO MATRIX (see soundsofwonder.com for more information)

Solfeggio Matrix	9 Seed	1-8 Seed	2-7 Seed	3 Seed	4-5 Seed	5-4 Seed	6 Seed	7-2 Seed	8-1 Seed
	in hertz								
Karmic related	111	123	135	147	159	162	174	186	198
Mastery	222	234	246	258	261	273	285	297	219
Creation	333	345	357	369	372	384	396	318	321
Consciousness	444	456	468	471	483	495	417	429	432
DNA related	555	567	579	582	594	516	528	531	543
Connection	666	678	681	693	615	627	639	642	654
Awareness	777	789	792	714	726	738	741	753	765
Spiritual Journey	888	891	813	825	837	849	852	864	876
Unity	999	912	924	936	948	951	963	975	987
Solfeggio	9	1-8	2-7	3	ateway T	5-4	6	7-2	8-1
Subsets	Seed	Seed	Seed	Seed	Seed	Seed	Seed	Seed	Seed
	in hertz								
	111	123	135	147	159	162	174	186	198
	222	234	246	258	261	273	285	297	219
	444	456	468	471	483	495	417	429	432
	666	678	681	693	615	627	639	642	654
	999	912	924	936	948	951	963	975	987
Fractal Tone	1011	1023	1035	1047	1059	1062	1074	1086	1098
Harmonic Tone	1455	1428	1482	1455	1428	1482	1455	1428	1482

What makes a scale a solfeggio?

- 1. All of the tones in sequential order must be 111 hz apart using Pythagorean skein.
- 2. Each scale must be 12 hz apart from its adjoining scale using Pythagorean skein.
- 3. Adding any two or more frequencies will always yield another solfeggio frequency.
- 4. The sum of the scale frequencies will always add up to 999 hz.(Pythagorean skein).
- 5. The horizontal sum of all frequencies across all scales always adds up to 999 hz.

What are the Cube of Metatron Gateway tones?

Within each solfeggio scale there is a subset of tones that the angels call the "Masculine" or the Metatron tones. These tones have multiple purposes, including healing, clearing, balancing, and connecting with the patterns of the DNA. Each "fractal tone" is in reality a mathematical step up to a whole new solfeggio scale in higher frequencies. This is comparable to moving into another dimension. The Solfeggio System is in actuality infinite. There is a system that allows it to grow infinitely large as well as infinitely small, just like the physics of subatomic particles and universes.

Do you have any QUESTIONS?

For more information and instructions see my "How to" videos and Pyramid FAQ section. You may also wish to visit some of the recommended web pages.

If you have watched the videos and have read the FAQ's and still have questions, please feel free to contact me.



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